

U16 Boys Tryout Camp

Athletes selected for the 2019 U16 Boys program will compete in one off island competition. Head Coach: Steve Ryan

U16 Girls Tryout Camp

Athletes selected for the 2019 U16 Girls program will compete in one off island competition. Head Coach: Shaina Adams

U14 Girls Tryout Camp

Athletes selected for the 2019 U14 Girls Provincial Team will compete in an off-island tournament sometime in July.
Head Coach: Sophie Bartlett

U14 Boys Tryout Camp

Athletes selected for the 2019 U14 Boys Provincial Team will compete in an off-island tournament sometime in July.
Head Coach: Jonathan Snow

U15 Boys Tryout Camp

Athletes selected for the 2019 U15 Boys' program will compete at the National Championships on August 6-11 2019 in Fredericton, NB. The teams will also go on at least 1 off island trip before Nationals in July. Head Coach: Matt Bruce

U15 Girls Tryout Camp

Athletes selected for the 2019 U15 Girls' program will compete at the National Championships on August 6-11, 2019 Victoria, BC. The teams will also go on at least 1 off island trip before Nationals in July.
Head Coach: Angela Torraville

U17 Girls Tryout Camp

Athletes selected for the 2019 U17 Girls' program will compete at the National Championships on August 6-11, 2019 Victoria, BC. The teams will also go on at least 1 off island trip before Nationals in July.
Head Coach: Amanda Miles

U17 Boys Tryout Camp

Athletes selected for the 2019 U17 Boys' program will compete at the National Championships on August 6-11, 2019 in Fredericton, NB. The teams will also go on at least 1 off island trip before Nationals in July. Head Coach: Frank Foo

This year all athletes will report to try-outs and be assessed by the selection committee. The committee will consider performance, fitness and ability to contribute before dividing athletes into groups to compete for places on the various provincial teams. Athletes can be placed on a team regardless of age although the wishes of each athlete will be considered and Canada Games will always have first priority for all age group eligible athletes. Athletes should be available to attend any of the listed tryout times and will be notified what sessions they will be required to attend as decisions are made.

Application Deadline: April 12, 2019

Cost all Athletes: \$75.00

Times:	
<u>Boys:</u>	<u>Girls:</u>
April 23rd	
Noon-3pm	3pm-6pm
April 24th	
Noon-2pm	2-4pm
4-6pm	7-9pm
April 25th	
Noon-2pm	2-4pm
4-6pm	7-9pm

Newfoundland & Labrador Basketball Association 2019 Provincial Team Tryouts



**Provincial Team Tryout Camps for:
U15 and U17 Boys and Girls;
U16 Boys and Girls & U14 Boys and Girls
Site: NLSC, 100 Crosbie Road, St. John's, NL
April 23 – 25, 2019**

Please bring basketball and reversible jersey. *Tryouts will take place at the Newfoundland and Labrador Sports Center on Crosbie Road, St. John's*

Refund Policy: All payments made through PayPal are subject to the deduction of the PayPal fee charged to the NLBA. All cancellations must be in writing and are subject to the following conditions:

- **\$10.00 Non-Refundable Administration Fee:** There will be \$10.00 administrative fee for any athlete who withdraws prior to the April 12th deadline.
- **No refunds after the April 12th Deadline.**
- **NO SHOWS – NO REFUND!**

Program Notes:

- This is a provincial tryout camp and athletes are asked to be prepared physically and mentally for the sessions. Aerobic fitness is critical for most sports as it serves as a basis for all other energy systems. COME FIT!
- Unfortunately, the government does NOT support the U15 or U17 programs who travel to nationals financially. The cost of each program is fundraised by the athletes during the few months prior to competition. The cost associated with a program varies and may range from \$3,500.00 – \$4,000.00. Early selections of provincial athletes allow local coaches, communities and schools to assist with the fundraising.
- Government does not support the development programs (U14 or U16), so the cost for each is fundraised totally by the athletes / parents during the few months prior to competition and may range from \$1,500.00 – \$2,000.00.
- Athletes selected to a provincial program may be expected to re-locate to a training site for 3 - 4 weeks prior to departure for the competition. Accommodations and all costs associated with relocation is the responsibility of the individual athletes and the families involved.
- In both small and large communities, athletes enter the tryout camps assuming they will make the program. Unfortunately, this is not always the case. Parents and coaches are asked to discuss the program with their athletes / children and prepare them for the possibility of not been selected. In some cases, athletes have a difficult time adjusting and accepting the decision made by the selection committees. Discussion prior to the camp will better prepare the athletes in the eventuality they are not selected.

- In isolated cases over the years athletes have been known to depart from a program for one reason or another once they have been selected. This places an additional burden on the program regarding the financial and personnel aspects of the program. After the coaching staff prepares a budget the departure of one or more athletes has serious implications on that program. The NLBA is attempting to make all athletes aware of the commitment required to compete at this level. **The NLBA executive may subject athletes, departing from a program, to some form of discipline once the case is investigated**
- Athletes should be aware of the commitment prior to entering the tryout camps. Any funds paid / raised in the athletes account will remain with that program after the athletes' departure.
- **Parents are asked to read this entire brochure before signing and forwarding the application to the office.**
- The deadline may vary for each program. All applications must be in the office on or before the date indicated.
- Selection Committees may reduce the number of athletes during the final day of the camp. Athletes who are cut for the final day will not be refunded any portion of their registration fees.
- The NLBA requires that all athletes are to list all other Provincial teams / clubs they are competing with. After reviewing if NLBA / coach feel it's in the best interest of your child because of overuse injuries, time commitments, etc. we have the right not to accept athlete.
- Testing may include the Beep Test, Vertical Jump, Max Push up test, 300 M shuttle run, etc. Athletes should come prepared and in shape for the program

they wish to enter. Certain standards are expected of provincial athletes and players should be prepared to meet those standards. Any athlete that cannot meet the standards will not be eligible to participate on a provincial team.

Contracts for both athletes and parents will be circulated for signatures once the committees make their final selections.

Please complete the attached application and forward along with your payment to.

**NLBA
1296A Kenmount Road
Paradise, NL A1L 1N3**

If faxing, please fax to 709-576-8787. Send original in mail along with a cheque to the address above, or you can scan and email application and **pay online through PayPal @ <http://www.nlba.nf.ca/hm-makepayment.php>**. A link will be on the home page for registration and payment.

All registration forms **MUST** be received in the provincial office prior to the April 12th deadline. For additional information, please visit our web site at www.nlba.nf.ca or contact our office at 709-576-0247 (telephone) or 709-576-8787 (fax).

Coaches / Administrators are asked to please copy this brochure and forward it to athletes in their respective clubs or schools. **The NLBA will not be accepting on-site registration for any of the enclosed tryouts.**