

NL Club Championship Regions

- **St. John's/North** - St. John's north to Cape St. Francis, Bell Island, Torbay, Portugal Cove-St. Philips. Also includes Petty Harbour-Maddox Cove, Kilbride, and Gould's.
- **Mount Pearl/South** - Mount Pearl, Paradise, Southlands and all communities on the Southern Shore southwest of Gould's from Bay Bulls to Trepassey inclusive.
- **Avalon** - generally, all communities on the Avalon Peninsula and Isthmus of Avalon which are not included in the St. John's/North and Mount Pearl/South regions, up to and including Arnold's Cove. This includes Conception Bay South to Holyrood; the Conception Bay north shore (Conception Harbour to Grates Cove); the Trinity shore (Old Perlican to Blaketown) and up to Arnold's Cove; the areas surrounding Long Harbour, Whitbourne, and Placentia; the Cape Shore and St. Mary's Bay up to but excluding Trepassey.
- **Eastern** - northwest but exclusive of Arnold's Cove including the Bonavista Peninsula, the Burin Peninsula, west to Pool's Cove inclusive; Clarenville and northeast to Gambo but not including Gambo.
- **Central** - Gambo to Hampden, north to Notre Dame Bay and south to the south coast. This includes Bonavista North (Hare Bay, Wesleyville, Musgrave Harbour, Gander Bay); Gander; Fogo Island; Twillingate, Lewisporte; Botwood; Bishop's Falls; Grand Falls - Windsor south to Harbour Breton; west of Harbour Breton to François inclusive; east of Harbour Breton to (but exclusive of) Pool's Cove; Springdale and the Baie Verte Peninsula south to Hampden.
- **Western** - west of Hampden, including the Northern Peninsula, and all communities west of François.
- **Labrador** all parts of Labrador